

STAR PLAY SCHOOL

Dear Parents

Today's Assignment

👉 **EVS**

L-3 Explained.

👉 **HINDI**

आ की मात्रा।

👉 **EVS**

Back exercise of L-3

HOME CONNECTOR

HINDI

🌹 हिन्दी परिवेश पेज नः11 पढो।

🌹 आ की मात्रा के कोई 10 शब्द कापी में लिखो।

Quick Check

A. Tick (✓) the correct answer.

1. Take a bath _____.
(a) once a week (b) daily (c) twice a week
2. Drink _____ glasses of water every day.
(a) 4 to 6 (b) 3 to 6 (c) 6 to 8
3. Brush your teeth _____ a day.
(a) once (b) twice (c) thrice
4. Sleep for at least _____ hours daily.
(a) 8 (b) 9 (c) 10

B. Fill in the blanks with the help of the given clues.

1. We should drink _____ (clean/dirty) water.
2. We should comb our _____ (hand/hair) properly.
3. We should eat _____ (healthy/junk) food.
4. We should _____ (watch television/exercise) every day to stay healthy.

C. Write True (T) or False (F).

1. It is good to play outdoor games to stay active.
2. We must wash our hands before and after having meals.
3. Drinking dirty water keeps us fit.
4. We should trim our nails regularly.

D. Answer the following questions.

1. Write two habits that help you to stay healthy.
2. Write two habits you follow to stay clean.
3. Write two things you do to stay fit.

Let's Talk

Why is it important to sleep and wake up on time?



Think and Tell

1. Why should you eat healthy food?
2. What are some healthy habits?